

# *La Bastille*

## **Spring/Summer Demonstration List**

At last my friends, the spring is here and summer on the way - let me welcome you back to the Bastille for more cookery demonstrations, entertainment and light humour with my new season of events. I look forward to greeting old and new friends in the coming months. **WILLIAM - Chef**

**May 6<sup>th</sup> Tuesday Cuisine Lyonnaise £11.95**

*French country cooking Lyonnaise style with cooking demonstration and 3 course meal*

**May 13<sup>th</sup> Tuesday Absolutely Asparagus £11.95**

*Pick up pointers on how to select, prepare and cook the food of love then dine on a three-course meal*

**May 20<sup>th</sup> Tuesday wine from Provence and matching food £11.95**

*Join us for a tasting of some of the wines of Provence and 3-course meal*

**June 3<sup>rd</sup> Tuesday. Fish and shell fish demonstration £11.95**

*Demonstration with fresh seasonal fish cooked with an array of shell fish and herbs includes 3 course meal*

**June 10<sup>th</sup> Summer puddings and desserts £11.95**

*Some fruity ideas for puddings and desserts using the best of summer ingredients*

**June 17<sup>th</sup> Tuesday The 2 courses for 2 people in 30 mins challenge £11.95**

*Demonstration of how to prepare a course meal for 2 people in 30 minutes from fridge to plate. To include a three course meal.*

**June 24<sup>th</sup> Tuesday. All aboard for Brittany £11.95**

*A cookery demonstration on cuisine de Breton. Today's dish being "Cotriade de Poisson". Includes a three-course meal.*

**July 1<sup>st</sup> Tuesday Fresh and vegetarian friendly food £11.95**

*Demonstration of a vegetarian meal using local produce to create a tempting meat free French gourmet meal.*

**July 8<sup>th</sup> Tuesday. Jazzy Cuisine Evening £16.90**

*Live Jazz in association with Birmingham Jazz festival, feast on rustic French food and wine*

**July 14<sup>th</sup> Saturday Come storm the Bastille celebration £25.00**

*Celebrate the French revolution with Bastille Day, live music, great French food and wine*

*All start at 7.30 for 8.00pm - Tel. 0121 236 1171*